Distances between the main landmarks of the Cape to Cape Track (km)

	Cape Naturaliste TH	Sugarloaf Rd	Kabbijgup CP	Mt Duckworth CS	Yallingup Bch S Exit	Smiths Beach S Exit	Canal Rocks Rd	Wyadup Rd	Injidup Bch S Exit	Quininup Brook	Moses N CP	Moses CS	Guillotine CP	Gracetown Shop	Left-Handers CP	Ellensbrook H'stead	Ellensbrook CS	Gnoocardup Rd	Margaret Mouth CP	Blackboy Hollow Rd	Boodjidup Bridge	Redgate CP	Bobs Hollow Spring	Conto CG	Point Rd CG	Davies/Hooley Jtn	Boranup (Trig) Hill T	Trig/Boranup Bch Jtn	Grace Road Bch Access	Hamelin Bay Jetty	Hamelin Bch S Exit	Cosy Cnr Rd/L'house T	Deepdene Bch N Exit	Deepdene CS Track T	Lookout below Greenhill	Skippy Rock Rd	Cape Leeuwin W'wheel
Sugarloaf Rd	3.01																																			
Kabbijgup CP	5.66	2.65																																		
Mt Duckworth CS	10.15	7.13	4.48																																	
Yallingup Bch S Exit	13.15	10.14	7.49	3.01																																
Smiths Beach S Exit	16.33	13.32	10.67	6.19	3.18																															
Canal Rocks Rd	18.08	15.07	12.42	7.94	4.93	1.75																														
Wyadup Rd	19.89	16.87	14.22	9.74	6.73	3.55	1.80																													
Injidup Bch S Exit	22.36	19.35	16.70	12.22	9.21	6.03	4.28	2.48																												
Quininup Brook	28.50	25.49	22.84	18.35	15.35	12.17	10.42	8.61	6.14																											
Moses N CP	30.25	27.23	24.58	20.10	17.09	13.91	12.16	10.36	7.88	1.75																										
Moses CS	32.96	29.95	27.30	22.82	19.81	16.63	14.88	13.08	10.60	4.46	2.72																									
Guillotine CP	38.97	35.96	33.31	28.83	25.82	22.64	20.89	19.09	16.61	10.47	8.73	6.01																								
Gracetown Shop	43.95	40.93	38.29	33.80	30.80	27.62	25.87	24.06	21.59	15.45	13.70	10.99	4.98																							
Left-Handers CP	46.36	43.35	40.70	36.22	33.21	30.03	28.28	26.48	24.00	17.86	16.12	13.40	7.39	2.41																						
Ellensbrook H'stead	50.37	47.36	44.71	40.22	37.22	34.04	32.29	30.48	28.01	21.87	20.12	17.41	11.40	6.42	4.01																					
Ellensbrook CS	51.41	48.40	45.75	41.27	38.26	35.08	33.33	31.53	29.05	22.91	21.17	18.45	12.44	7.46	5.05	1.04																				
Gnoocardup Rd	54.67	51.66	49.01	44.53	41.52	38.34	36.59	34.79	32.31	26.17	24.43	21.71	15.70	10.72	8.31	4.30	3.26																			
Margaret Mouth CP	60.53	57.52	54.87	50.39	47.38	44.20	42.45	40.65	38.17	32.03	30.29	27.57	21.56	16.58	14.17	10.16	9.12	5.86																		
Blackboy Hollow Rd	67.31	64.30	61.65	57.17	54.16	50.98	49.23	47.43	44.95	38.81	37.07	34.35	28.34	23.36	20.95	16.94	15.90	12.64	6.78																	
Boodjidup Bridge	68.36	65.34	62.69	58.21	55.20	52.03	50.28	48.47	45.99	39.86	38.11	35.40	29.38	24.41	21.99	17.99	16.94	13.68	7.82	1.04																
Redgate CP	72.54	69.53	66.88	62.40	59.39	56.21	54.46	52.66	50.18	44.04	42.30	39.58	33.57	28.59	26.18	22.17	21.13	17.87	12.01	5.23	4.19															
Bobs Hollow Spring	75.69	72.68	70.03	65.55	62.54	59.36	57.61	55.81	53.33	47.19	45.45	42.73	36.72	31.74	29.33	25.32	24.28	21.02	15.16	8.38	7.33	3.15														
Conto CG	79.33	76.31	73.66	69.18	66.17	63.00	61.24	59.44	56.96	50.83	49.08	46.37	40.35	35.38	32.96	28.96	27.91	24.65	18.79	12.01	10.97	6.78	3.63													
Point Rd CG	80.51	77.49	74.85	70.36	67.35	64.18	62.43	60.62	58.15	52.01	50.26	47.55	41.54	36.56	34.15	30.14	29.10	25.84	19.98	13.20	12.15	7.97	4.82	1.18												
Davies/Hooley Jtn	85.37	82.35	79.70	75.22	72.21	69.04	67.28	65.48	63.00	56.87	55.12	52.41	46.39	41.42	39.00	35.00	33.95	30.69	24.83	18.05	17.01	12.82	9.67	6.04	4.86											
Boranup (Trig) Hill T	88.92	85.91	83.26	78.78	75.77	72.59	70.84	69.04	66.56	60.42	58.68	55.96	49.95	44.97	42.56	38.55	37.51	34.25	28.39	21.61	20.57	16.38	13.23	9.60	8.42	3.56										
Trig/Boranup Bch Jtn	90.88	87.87	85.22	80.74	77.73	74.55	72.80	71.00	68.52	62.38	60.64	57.92	51.91	46.93	44.52	40.51	39.47	36.21	30.35	23.57	22.52	18.34	15.19	11.55	10.37	5.51	1.96									
Grace Road Bch Access	94.20	91.18	88.53	84.05	81.04	77.87	76.12	74.31	71.84	65.70	63.95	61.24	55.23	50.25	47.83	43.83	42.79	39.53	33.66	26.89	25.84	21.65	18.51	14.87	13.69	8.83	5.27	3.32								
Hamelin Bay Jetty	99.64	96.63	93.98	89.50	86.49	83.31	81.56	79.76	77.28	71.14	69.40	66.68	60.67	55.69	53.28	49.27	48.23	44.97	39.11	32.33	31.29	27.10	23.95	20.32	19.14	14.28	10.72	8.76	5.45							
Hamelin Bch S Exit	100.94	97.93	95.28	90.79	87.79	84.61	82.86	81.05	78.58	72.44	70.69	67.98	61.97	56.99	54.58	50.57	49.53	46.27	40.41	33.63	32.58	28.40	25.25	21.61	20.43	15.57	12.02	10.06	6.74	1.30						
Cosy Cnr Rd/L'house T	104.45	101.44	98.79	94.31	91.30	88.12	86.37	84.57	82.09	75.95	74.21	71.49	65.48	60.50	58.09	54.08	53.04	49.78	43.92	37.14	36.10	31.91	28.76	25.13	23.94	19.09	15.53	13.57	10.26	4.81	3.51					
Deepdene Bch N Exit	107.03	104.01	101.37	96.88	93.87	90.70	88.95	87.14	84.67	78.53	76.78	74.07	68.06	63.08	60.67	56.66	55.62	52.36	46.50	39.72	38.67	34.49	31.34	27.70	26.52	21.66	18.10	16.15	12.83	7.38	6.09	2.58				
Deepdene CS Track T	108.05	105.03	102.39	97.90	94.90	91.72	89.97	88.16	85.69	79.55	77.80	75.09	69.08	64.10	61.69	57.68	56.64	53.38	47.52	40.74	39.69	35.51	32.36	28.72	27.54	22.68	19.13	17.17	13.85	8.41	7.11	3.60	1.02			
Lookout below Greenhill	116.22	113.21	110.56	106.08	103.07	99.89	98.14	96.34	93.86	87.72	85.98	83.26	77.25	72.28	69.86	65.85	64.81	61.55	55.69	48.91	47.87	43.68	40.53	36.90	35.72	30.86	27.30	25.34	22.03	16.58	15.28	11.77	9.20	8.18		
Skippy Rock Rd	120.77	117.76	115.11	110.63	107.62	104.44	102.69	100.89	98.41	92.27	90.53	87.81	81.80	76.82	74.41	70.40	69.36	66.10	60.24	53.46	52.41	48.23	45.08	41.44	40.26	35.40	31.85	29.89	26.57	21.13	19.83	16.32	13.74	12.72	4.55	
Cape Leeuwin W'wheel	122.34	119.32	116.68	112.19	109.19	106.01	104.26	102.45	99.98	93.84	92.09	89.38	83.37	78.39	75.98	71.97	70.93	67.67	61.81	55.03	53.98	49.80	46.65	43.01	41.83	36.97	33.42	31.46	28.14	22.70	21.40	17.89	15.31	14.29	6.11	1.57
Cape Leeuwin TH	122.72	119.71	117.06	112.58	109.57	106.39	104.64	102.84	100.36	94.22	92.48	89.76	83.75	78.77	76.36	72.35	71.31	68.05	62.19	55.41	54.37	50.18	47.03	43.40	42.22	37.36	33.80	31.84	28.53	23.08	21.78	18.27	15.70	14.67	6.50	1.95

TH Trailhead
CP Car Park
CS Camp Site
CG Campground
Jtn Junction
T T-junction

My mapping software generates these distances. It does so from the plot of the many hundreds of satellite navigation points I collected along the Track over the last 19 years. Because of the imprecision of satellite navigation points collected by my basic satnav receiver, I estimate that the distances in this table are accurate within 0.9%.